



Behavioral Recording



Date: _____ Name: _____

1. Define the behavior you want to observe.
2. Decide which type of recording would be best to monitor the behavior.
3. Decide when you are going to observe the behavior.
4. Decide how long you are going to observe the behavior for. The more time you spend observing, the more accurate your results. Repeat your observation at least 3 more times to get a better representation.
5. Observe and record.

Frequency Recording: Count how many times a behavior occurs during a designated period of time (minute, hour, day week).

| <i>Behavior Observing</i> | <i>Duration of Time Observed</i> | <i>Number of Times Behavior Occurred (Tally)</i> |
|---------------------------|----------------------------------|--|
| | | |
| | | |

Duration Recording: Monitors the % of time a behavior occurs during the time observed. Usually observed for shorter amounts of time (minutes, hours).

| <i>Behavior Observing</i> | <i>Duration of Time Observed</i> | <i>Amount of Time Behavior Observed</i> | <i>% of Time Behavior Occurred</i> |
|---------------------------|----------------------------------|---|------------------------------------|
| | | | |
| | | | |

Now to find the percentage, take the duration that the behavior occurred and divide it by the total observation time. For example, if you observed the behavior happening for 8 minutes during a 20 minute period, the percentage of time the behavior occurred was 40% of the time (8 divided by 20 = .4).

Follow-Up:

- Is there a certain time of the day the behaviors are most prevalent? _____
- Is it during a specific activity where the behaviors are most prevalent? _____
- What happened right before the behaviors were observed? _____
- Is there a reaction the child is getting from the observed behaviors? If so, by whom? _____
- Was something eaten/drunk right before the behaviors were observed? If so, what? _____