

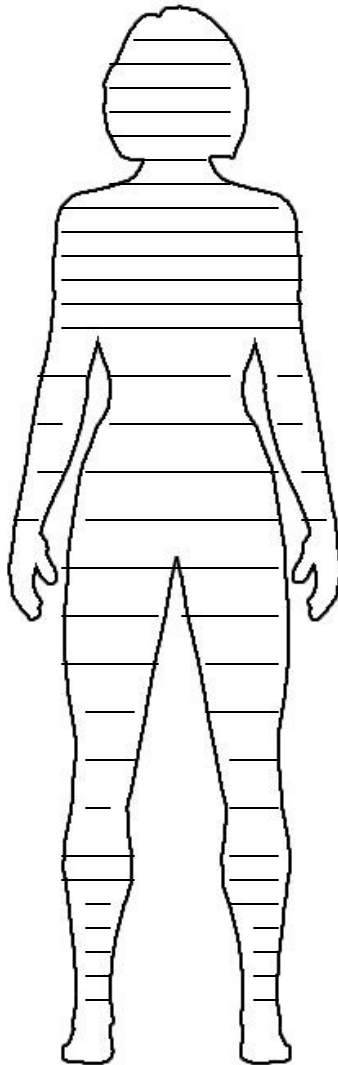
# Quiet Times



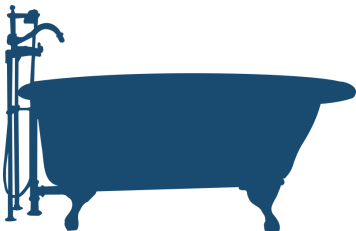
Month: \_\_\_\_\_



**The  
quieter  
you  
become,  
the more  
you can  
hear.**



**Quiet  
Time =  
Spirit  
Repair**



Page \_\_\_\_\_